



## Activities Unlimited General Meeting

### Breakfast Meeting at The Brick House

Our Guest Speaker for this meeting will be our Bergen County Sheriff, Michael Saudino. The Sheriff is a life long resident of Bergen County and has been a veteran of law enforcement for over 40 years. Prior to becoming involved at the county level in 2011, Sheriff Saudino was the police chief in the Borough of Emerson, where he currently resides and is also a member of the Volunteer Fire Dept.. The Sheriff is actively involved in other organizations, such as the Nam Knights Motorcycle Club, as service organization made up of veterans and police officers. He is also in the Knights of Columbus and also has served as President of the Bergen County Police Chiefs Association. The Chief is a strong proponent of increased, ongoing and effective communication between all of the Bergen County Town police departments. He believes that in working together county residents get the most effective and efficient service from each officer and their respective departments throughout the county. Since taking office Sheriff Saudino has worked diligently to reduce costs (11,000 hours of overtime in last two years) and other cuts he was able to make without sacrificing public safety. We look forward to meeting the Sheriff of Bergen County at our Oct. meeting! Questions Call **Herb Umland** 201-891-6638

## Note from the President

Because of the increased attention being paid to school security, the Wyckoff Reformed Church had installed a new security system that controls access to the Administrative Building which houses the Nursery School and Heneveld Hall. During times that the Nursery School is in session, the only access to the building will be via the front door facing Wyckoff Avenue and the rear entrance to the Nursery School.

Except for our Monthly Membership Meetings, which will be discussed below, AU members attending an activity at the church should enter by the front door. The newly installed inner door will be locked. To the left of that door is a two way speaker with a ring button. Press the button and when asked who it is, announce your name and that you are attending an Activities Unlimited function in the building. The door will be unlocked can be opened.

For our Monthly Membership meetings, usually on the second Tuesday of the month, Heneveld Hall will be unlocked from 11:30 am to 1:15pm allowing for free access. Before 11:30 am and after 1:15pm, access to the meeting can be made by using the front door as described above.

As a reminder, the October 8<sup>th</sup> membership meeting is a breakfast meeting at the Brick House at 179 Godwin Avenue in Wyckoff. If you have not already sent in your money, please send a check for \$9 to Raman Casaprima. The Brick House does a great job with the breakfast.

## October Breakfast

The October General Meeting this year, as in past years, will be a combination Meeting/Breakfast at the Brick House in Wyckoff, New Jersey. Particulars are as follows:

**Date:** October 8<sup>th</sup>

**Place:** The Brick House, 179 Godwin Avenue, Wyckoff, New Jersey

--Coffee service will be available starting at 8:30AM

--Breakfast Buffet will open at 9:00AM (tables will be randomly called)

It is not too late to make your reservation for this annual affair. The cost is \$9.00 PP; don't delay any longer.

Mail your check made out to Activities Unlimited today to **Ramon Casaprima**, 46 Walnut Street West, Mahwah, New Jersey 7430

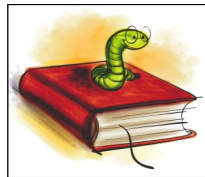
If you have any questions please telephone Ramon at 201-891-3394).

	OFFICES		MEETING
<b>President</b>	Frank Nusspickel	201-891-9099	2nd Tue 11am
<b>1st Vice-Pres.</b>	Herb Umland	201-891-6638	
<b>2nd VicePres.</b>	Ray Casaprima	201-891-3394	
<b>Secretary</b>	Ed Chanod	201-891-1995	
<b>Treasurer</b>	Dick Hensch	201-891-1309	
<b>Asst. Treas.</b>	Ed McGuirk	201-445-5729	
	COMMITTES		
<b>AU Guys</b>	John DeSantis	201-447-0256	
<b>Book Club</b>	Joe Clinton	201-447-2261	Wed after the AU General Meeting 9:30
<b>Dup. Bridge Rub. Bridge</b>	Joe MacDougall Wes Cheringal	201-891-4048 201-848-8009	Wed 1 pm M,F 1 pm
<b>Care-Concern</b>	Joe Clinton Paul Hennion Don Martin	201-447-2261 201-891-4716 201-891-2279	
<b>Chaplain</b>	Rev. D. Bach	201-891-1782	
<b>Chess</b>	Bill Schultz	201-891-5327	3rd Thru 9:30
<b>Computer</b>	Don Kirkpatrick Ed Schlachman Fred Theile	201-337-5666 973-423-1459 201-625-7541	3rd Wed. 10:00
<b>Gardening</b>	Joe Lamela	201-327-8137	1st Wed.10:00
<b>Golf</b>	Bruno Bissetta Guy Cappello	201-891-7567 201-891-0617	Tuesday Thursday
<b>Hiking</b>	Don Kirkpatrick	201-337-5666	Mon 9:00
<b>Historian</b>	Dom Manobianco	201-891-7185	
<b>Investment</b>	Herb Umland	201-891-6638	2nd Thru 9:30
<b>Model RR</b>	Don Cardoza	201-337-3417	Wed. 7PM
<b>Membership</b>	Dick Gattoni Walt Widmer	201-652-0064 201-562-8666	
<b>Newsletter Distribution By</b>	Lou Guarneri Ed Schlachman	201-847-1981 973-423-1459	
<b>Project Out-reach</b>	Marty McGonigle	201-529-1941	
<b>Photographer</b>	Chuck Bainbridge	201-447-2910	
<b>Public Disc.</b>	Walt Widmer	201-562-8666	3rd Fri 9:30
<b>Refreshments</b>	Hank Boucher Jim Forbes Howard Vogel	201-445-2633 201-825-0523 201-612-2237	
<b>Science</b>	Jack Yurasek	201-337-4433	3rd Tues 10.00
<b>Skiing</b>	Bud Brooks	201-327-6649	Snow
<b>Sponsor Liaison</b>	Mike Wolff	201-891-4426	
<b>Stock Market</b>	Ramon Casaprima	201-891-3394	2nd Tues. 9:00 4th Tues. 9:00
<b>Tennis</b>	Dom Manobianco	201-891-7185	MWF
<b>Transport.</b>	Ron Miller	201-891-5734	
<b>Trips/Tours</b>	Lou Guarneri George Lewis	201-847-1981 201-891-5883	2nd Tues 10:30
<b>Web-Master</b>	Don Kirkpatrick	201-337-5666	



## Duplicate Bridge Results

		1st	2nd	3rd
9/4	NS	Coughlin/Lubicich	Reed/Riccardi	Lewis/Verdi
	EW	Desrosiers/Finn	Gattoni/Wiest	Christie/Mahmarian
9/11		Mahmarian/Smith	Crawford/Warner	Reed/Wiest
9/18		Riccardi/Lewis	Foley/Gilpatrick	Smith/Wiest
9/25	NS	Foley/Riccardi	Gilpatrick/Mahmarian	Hausman/MacDougall
	EW	Cheringal/Wiest	Freimuth/Warner	Martin/Smith



## The Book Club

### Books for October:

- \* THE SHADOW FACTORY (James Bamfort)
- \* THE BOYS OF POINTE DU HOC (Douglas Brinkley)
- \* THINGS FALL APART (Chinua Achebe)

At our September meeting, each member was asked to recommend two books. We compiled a list of these books, which will supplement whatever recommendations we receive at this year's monthly meetings. I'm really excited about the quality of the books on this list.

They range from fiction to non-fiction, to biographies. Can't wait to get started.

Our next meeting will be October 9 at 9:30 am at the Larkin House (380 Godwin Ave, Wyckoff).

New members are always welcome.

### Joe Clinton

[bhagan185@aol.com](mailto:bhagan185@aol.com)

### Obituary

**Emil Sydoruk**, Age 89, a long time AU member, died on Sept 8. He is survived by his wife Anna, children and grandchildren. Emil was a WW2 Army Air Force veteran. After graduating from Penn State he was an aeronautical engineer with Curtis-Wright.

**The deadline for Nov., 2013 Newsletter articles is 5:PM October 30, 2013. When submitting articles please use font: Times New Roman 11 pt. (not bold).**

### Send to:

Email: [lguarneri03@gmail.com](mailto:lguarneri03@gmail.com)

Or mail to: Lou Guarneri  
128 MacLeish Court  
Mahwah, NJ 07430

Visit AU's website: [www.activitiesunlimited.org](http://www.activitiesunlimited.org)

## Welcome New Members

Name (Spouse)	Address	Employment	Interests	Home/Email
Henry P Hansen (Maureen)	125 Frank Ct. Mahwah, NJ 07430	Vice President Thyssen, Krupp & Bush	Computers and Golf	201-848-0713 MMaurline@optonline.net
Edward W Morris (Margaret)	67 Arlton Ave Allendale, NJ 07401	Chief Hearing Officer NY Stock Exchange	Book Club, Digital Camer- as, Golf, Stock Market and Trips and Tours	201-825-8939 emorriseseq@yahoo.com
Jerry L Berlinger (Linda)	410 Sterling Dr Franklin Lakes, NJ 07417	Sales Representative Self Employed	Book Club and Tennis	201-847-2395 Jlberlinger@aol.com
Gordon T Hirsch	449 Radcliff St Wyckoff, NJ 07481	Vice President IMS	Computers, Digital Cameras, Hiking, Investments, Skiing, Stock Market, Trips and Tours	612-802-3106 hirschj@yahoo.com
Robert Meyers (Roberta)	300 Merrywood Dr. Wyckoff, NJ 07481	President Orion Pictures	Bridge and Tennis	201-891-8099 bobbyla@aol.com
Richard H Cowlan (Joan)	900 Palisade Ave. Fort Lee, NJ 07024	CFO Liberty Travel	Investments, Jazz, Stock Market and Trips & Tours	201-496-6010 RHC900@yahoo.com
Bob M LaSalvia (Maria)	800 Glasgow Terr. Mahwah, NJ 07430	Director Hunter Douglas	Computers, Digital Cameras, Gardening and Model RR	201-529-4784 bobmarialasalvia@verizon.net
Daniel M Brooks (Barbara)	507 Green Mountain Rd. Mahwah, NJ 07430	CPA/Principal RRBB	Chess, Golf, Public Discus- sion and Tennis	201-760-1501 dbrooks@rrbb.com
Philip J McLewin (Lynne)	120 Miller Rd. Mahwah, NJ 07430	Professor of Economics Ramapo College of NJ	Computers, Gardening, Hiking, Investments, Science, Public Discussion and Trips & Tours	201-529-9425 phil@mclewin.com

## Investment Study Group

**How to Generate Income and  
Protect Your Nest Egg: From  
the Markets, from Inflation, and  
from the Tax Man.**

David Dietze, JD, CFA, CFP of Summit's Point View Wealth Management will discuss investment strategies amid volatile market, while the firm's Claire Toth, JD, MLT, CFP, a tax attorney and financial and estate planner, will present tax tips you can use today and discuss new ways to approach estate planning. This meeting should be of particular interest to not only our members but also to their spouses, as Claire has extensive experience guiding women through the intricacies of managing their nest eggs and protecting their financial futures. So Spouses are welcome! Questions please call Herb Umland 201-891-6638



## Public Discussion Group

The Discussion Club met on Friday, Sept 16. Meeting on the third Friday seems to be working well as 31 members joined in a lively discussion. The members decided to take a new approach, namely to pick the topics at the start of the meeting to ensure timeless and relevance. The meeting started with an exchange on the topic of: "Should Congress hold the deficit ceiling and the budget hostage in order to thwart implementation of a law, such as Obamacare?" Members expressed a variety of views about whether the risks of the new health care policy warranted such extreme tactics. Most felt that Congress would not allow the US Govt. to default on its debt obligations, while some felt it was the only way to control the ballooning debt and avoid "socialized" medicine. Our second topic was "Should the US be intervening in the Middle East, especially Syria?" There was a lively exchange on the wisdom and effectiveness of US military involvement and the motives—humanitarian, economic and geopolitical. We debated whether "dictators" were preferable as a way to contain ethnic, clan and religious divides in the region. There was a broad consensus that recent military interventions had not succeeded and in fact had often worsened the situation. There was near unanimous agreement that the US should not get involved in Syria. Before adjourning, we briefly discussed a topic that will certainly come up again. "Would you allow a child/grandchild to play football in the light of the evidence about potential brain damage?" The discussion had to be curtailed because of time, it was clearly a subject of interest with divided views about the benefits and risks of contact sports. The next meeting will take place on Oct 18 at the Larkin House at 9:30 am. All are welcome and we look forward to a good discussion.

Tom Butler

## Activities Unlimited — The Beginning

### Staff Report from David Bach on February 24, 1987 Preliminary Approval Requested

I have now met twice with Ray Brown, Arthur Lane, and Ted Brandon to discuss and do some initial brainstorming about the need and potential of a group for retired men sponsored by Wyckoff Reformed Church. I stumbled onto this possibility for WRC some months ago when learning about a very caring men's group sponsored by the First Presbyterian Church of Ridgewood called Hobbyists Unlimited. When making a home visit one of our members told me, "I have lived in Wyckoff nearly all my life, but now that my wife has died it seems that the only people who remember me are people from Church and from Hobbyists. I subsequently learned that Hobbyists Unlimited has a membership of 350 and a waiting list of 90. Ray, Arthur, Ted, and I have spent an afternoon with Russ Wollemann, President of the Ridgewood group, during which time we familiarized ourselves with the groups Constitution and By-laws, Policies, Practices and Procedures, Organization, and Program. During our second meeting Ray, Arthur, and Ted decided that they would like to proceed as an Ad Hoc Committee with myself as Chariman planning a group for retired men sponsored by our Church. Before investing additional time and energy, we would appreciate receiving the Consistory's preliminary approval of this concept. Following the Consistory's preliminary approval, we would then like to return to the Consistory, one month from now, with a complete plan for the Consistories consideration and final approval.

#### WYCKOFF REFORMED CHURCH CONSISTORY MEETING - MARCH 24, 1987

##### Executive Committee

"Activities Unlimited" Summary of Plans for Activities Unlimited correction on page 2, #2 Summary Plans should read all men, retired and semi-retired, of Wyckoff Reformed Church are eligible for membership." Use of WRC facilities will be coordinated with P. Muller in church office.

\*19-87 MOTION: Calder/*second* Pilcer Unanimously Approved

"The Consistory authorizes the formation of a group for retired and semi-retired men to be known as Activities Unlimited. Sponsorship to be by the Wyckoff Reformea Church." WRC staff member to be member of Board of Directors. Chaplain for group to be one of WRC ministers. Activities Unlimited will be under the umbrella of Fellowship Committee of Consistory. Liaison/accountability to be determined.

## The Wine Tasting Party



## The Golf Club

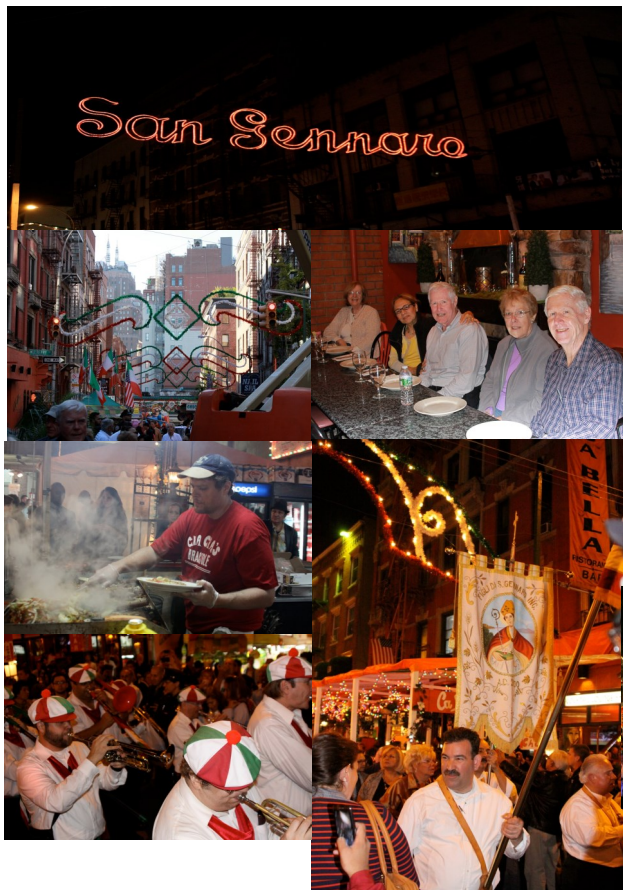


### AU GOLF VS RAMSEY DUFFERS TUESDAY OCTOBER 15, 2013 WALLKILL GOLF CLUB

Activities Unlimited golf committee has added another contest this year to test our mettle. Having had success with Ridgewood Hobbyists in past years, has emboldened our lusty golfers to take on another challenge with the Ramsey Duffers. A field of approximate 20 swingers will be required to bring in another trophy. Come on you players and sign up as soon as possible for teams to be balanced equally. Lunch will follow with a trophy given to the winning team. It is our hope to continue this venue for years to come. Get in touch with ([guycappello@optonline.net](mailto:guycappello@optonline.net)) or call 2018910617

Guy Cappello

Visit AU's website: [www.activitiesunlimited.org](http://www.activitiesunlimited.org)



### Food Pantry

At the Sept. meeting, \$130.00 was given as donations to the Food Pantry.

### DID YOU MISS THIS?



### The Science Club

#### Science

September 24—thanks to-Walt Widmer & Bob Saletta on their most interesting talk on evolution and intelligent design. There is no question that evolution has both already happened and continues to take place by natural selection, while intelligent design suggests that the causes of evolution and life are too complex to be simply the result of random chance.

October 15 —Dr. Ron Cauchard (an Optometrist whose Office is in Wyckoff) has offered to return, and will update us on cataract and glaucoma eye issues. His talk again will emphasize ‘early detection’ of these problems, which are of special importance for seniors.

November 19—John Dyksen of the ‘United Water’, our local (and now global) Company will speak to us about water technology including desalination and other recent developments.

**JACK YURASEK (201-337-4433)**

## TO ALL GARDEN CLUB MEMBERS

The September 2013 Garden Club meeting began with sharing observations on some of the current tomato growing season questions.

Do you prune sucker branch growth? Members present didn’t bother to do this and did not observe adverse production from their plants. What about plants curling leaves? This condition is quite common, but it does not seem to harm production.

Rutgers is currently working on improving the quality and taste of new tomato varieties to be ready by the spring of 2015.

**Jack Elwood** showed us copies of a magazine he subscribes to which he highly recommends as a useful resource on horticultural topics.

**Art Capello** provided cards of a tree service that he had a very successful experience using.

**Terry Gilley** reported on a successful “critter” control system he uses for ground hogs.

**Don Chucka** did get some production from his grafted tomato trial this year, but he was not impressed with the overall result from this system.

Our group decided to hold on the previously proposed trip to Duke Gardens. Instead, we are working on another closer garden destination.

The often asked question at this time of year is, “when do you prune big leaf hydrangeas?” These shrubs should be pruned soon after they have flowered on the previous year’s growth and before buds start to form on the current year’s growth. Therefore, pruning should be done in summer, after blossoms have faded and before buds have formed.

Other shrubs, such as rose of Sharon, peegee hydrangeas and crape myrtle should be pruned in early spring. You need not be timid about early spring pruning for These types of shrubs benefit which benefit from this type of rejuvenation.

Questions? Joe at 201-327-8137 or Master Gardener Helpline at 201-336-6788

## Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

**Sign up sheets are nice, but money talks. Get your check in ASAP don't wait till it's too late.**

**Thursday October 10, 2013-- OKTOBERFEST**, at The Royal Manor, 454 Midland Ave. Garfield, NJ,-- Driving directions Rte. 17S to Essex St W. 2 miles to Midland Ave. South 2 miles to Royal Manor. 8 miles from GS Mall. Show starts at 11:30 am to 3:30 pm. Includes a German Band, Dancers & Bell Ringers. The menu starts with Salad, Soup, Knockwurst, Chicken, Vegetables, Coffee & Dessert. 2 Complimentary Drinks & Free Soda. Beer & Wine \$1. per glass. Cost \$45. pp. Make checks payable to AU & mail same to **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ. 07430, Tel: 201-825-5843

**Nov—No Events Scheduled**

**Saturday December 7, 2013**—Come see the **West Point Army Concert Band's Christmas Gala** Followed by Dinner at the Hotel Thayer. Cost \$65.00 pp. Our bus will leave WRC parking at 12.00 Noon sharp and return about 7:30 PM. **PHOTO ID IS REQUIRED.** Make checks payable to AU & send to **Dick Botta**, 413D Bromley Place, Wyckoff, NJ 07481, 201-848-9001

**Tuesday December 17, 2013 Christmas Party at The Seasons** again this year. It will run from 5:30 – 9:30 PM and cost \$58.00 pp. The reservation forms will be available in this Newsletter and the November Newsletter. Checks should be made payable to AU and sent directly to **Terry Gilly**, 709 Highview Drive, Wyckoff, NJ 07481

## 2014

**Jan—Beefsteak Dinner at the Brownstone**

**Feb—Valentine's Day Party** with the Hobbyists

**March 10<sup>th</sup> 2014 - Costa Rica** This is a 13 day private motor coach guided tour of the natural wonders of the most biologically diverse countries in the world. From powerful volcanoes and black sand beaches to tropical dry forests and mangrove jungles. The cost is \$2,395 pp. which includes airfare from Newark, all accommodations, 22 meals, 9 included tours. This trip is very popular and we are **very limited** on the number travelers we can take. There are a few single spots open at the same price. If you are interested in going, please contact **Don Wasson 201-891-1873 (donwas@verizon.net)** as soon as possible for details and booking instructions.

**Mar—St Patrick's Day Party**

**April—Mystery Dinner Theater**

**May—Intrepid visit NYC**

**June—AU Prom**

**July—Clam Bake**

**Aug—**

**Sept—Wine Tasting Party**

**Oct—Oktoberfest**

**Nov—**

**Dec—Christmas Party**



# ACTIVITIES UNLIMITED



## Twenty-Seventh Annual Christmas Dinner Dance

**Location:** Seasons

644 Pascack Road (corner of Washington Ave.), Washington Township

**Date:** Tuesday, December 17, 2013 (5:30 to 9:30)

**Cocktail Hour:** Starting at 5:30PM.

**Hors D'oeuvres:** A variety of tempting taste treats.

**Choice of Entrée:** Selection of Beef, Chicken or Fish to be made at the table.

Four hour open bar (5:30 to 9:30 PM)

Valet and self parking are available (your choice)

Dance to Music by Peter Lieberman

**Price:** \$58.00 per person. Make checks payable to Activities Unlimited.

Name card reserve seating will be provided for everyone (round tables seat 10 or 12).

**Seating is limited to 300 people.**

Detach and return reservation form below to: **Terry Gilly**

709 Highview Dr.

Wyckoff, NJ 07481 Phone: (201) 8914055

**Reservations ASAP, cancellable up to December 10th.**

CUT  
HERE

Reservations \$58.00 per person. Make check payable to **Activities Unlimited.**

Amount enclosed: \$ \_\_\_\_\_

List Table Guests Here:

Name: \_\_\_\_\_  
(First) (Last)

Name: \_\_\_\_\_  
(First) (Last)

**If you wish to be seated with others, whether it be only one other couple or a full table; PLEASE CONFIRM with those couple(s) that there is room at their table.**

**Then list their names above (under "List Table Guests Here: ") before sending in the form.**

Check this box for random seating.



**First-Class Mail**